



AMERICAN CANNABIS
NURSES ASSOCIATION

ACNA 2023

Annual Conference

*Elevating Cannabis Nursing
in the Mile-High City.*

May 20-22, 2023
Westin Denver
Downtown
Denver, CO

Visit us at:

www.cannabisnurses.org

Join us for the 2023 Cannabis Care Conference!

Elevating Cannabis Nursing in the Mile-High City

Register by April 20, 2023, and **save \$100!**

- Hear the latest information, best practices, and advances in cannabis nursing by attending sessions and hearing from expert speakers.
- Explore the newest trends and innovations from industry vendors.
- Earn up to 13 contact hours of nursing continuing professional development.
- Network with colleagues with similar and varied cannabis nursing interests.

Visit cannabismnurses.org for additional details.



This was my first conference, and I was most impacted by the networking opportunities. I enjoyed meeting my cannabis nursing colleagues and learning what they are doing to support patient's use of cannabis.

– Mary Darden, Nashville, TN

I felt like I was friends with everyone before I had even met them. People knew my name and that shocked me (but then again, I am a loudmouth sometimes). It truly is an amazing experience to see/meet people who are like minded and not afraid to go against the grain. We are a group of people who think and live outside the box; we make our own paths, and this organization has opened my eyes and my mind to all of it! Living life and not letting life live me! I will definitely be back next year and the year after, etc.

– Leslie King, BSN, RN, Mt Enterprise, TX



Thank you to the ACNA Conference Committee for such a dynamic, fun, engaging, and informative conference. You provided a place for all of us like-minded healers to gather and celebrate!

– Melynda Ruckels, MSN, RN

This year's conference exceeded all my expectations! The networking and mentoring opportunities alone made it worth the expense of the conference. The venue was lovely, and the vendors were the best ever. I can hardly wait to see everyone next year!

– Cheryl Kumberg, RN, CMT, Sawyer, KS



AMERICAN CANNABIS
NURSES ASSOCIATION

2023 Cannabis Care Conference

Elevating Cannabis Nursing in the Mile-High City

Conference Schedule

Saturday, May 20, 2023

All times listed are Mountain Time (MT).

8:00 am – 5:30 pm

Registration Open

8:00 am – 9:30 am

Continental Breakfast

9:30 am – 10:00 am

Opening Meditation/Welcome

10:00 am – 11:00 am

101 Opening General Keynote Session (1.0 CH)

Cannabis Use and Women's Health: Endometriosis

Genester Wilson-King, MD, FACOG



The prevalence of endometriosis is 10% to 15% among women of reproductive age. It often causes symptoms such as dysmenorrhea, pelvic pain, dyspareunia, and infertility. It significantly affects the patient's social and economic participation and their physiological, mental, and psychological health. This session will provide information on how cannabis can be a breakthrough treatment modality.

11:15 am – 12:15 pm

Concurrent Sessions

111 Lobbying, Organizing, and Advocacy for the Cannabis Clinician (1.0 CH)

Rebecca Abraham, BSN, RN

This session will address how the cannabis nurse, provider, and patient can become effective at changing policy at every level of government. Discussion will include a brief history of cannabis movements, why they are needed, and how to be effective as an activist, lobbyist, or organizer.

112 Education Is the Key (1.0 CH)

Caitlin Bernhard, MSN, FNP; Julie Battel, MPH, CNM

Education is the key to ensuring the cannabis industry develops in a safe, equitable, and responsible way. This presentation will review current evidence on training and practices of cannabis industry professionals in the dispensary setting, gaps in knowledge and training that have been identified, the effects of these gaps on the industry and community at large, and basic evidence-based strategies for filling these gaps.

113 Networking Session (No CH awarded)

This session will allow for discussion and networking on a specific focus area relevant to cannabis nursing.

12:15 pm – 1:45 pm

Lunch on Your Own

Accreditation Statement

The American Cannabis Nurses Association is accredited as a provider of continuing nursing education by the California Board of Registered Nursing, Provider No. CEP17085.

2:00 pm – 3:00 pm

Concurrent Sessions

121 Medical Cannabis: "Be the Provider You Wish to See in This WORLD!" (1.0 CH)

Victoria Proctor, DNP, FNP-C

This session will discuss the past, present, and future of the practice of medical cannabis. A discussion on the history of cannabis, including historical laws and policies that impacted cannabis use in the United States, will be shared, along with the current use and practice of medical cannabis today. We also will focus on the individual role as a medical cannabis provider, the role of medical cannabis in integrative medicine, and the impact of medical cannabis in health promotion, disease prevention, and management.

122 Applying an Equity Lens to Cannabis Care: Change Starts with Us (1.0 CH)

Rebecca Baron, RN; Shannon King, RN; Tanya Scott Cannady, DHL, MHR, RN, NEA-BC, CPHIMS; Mo Smyth, BSN, RN

This session presented by members of the ACNA Diversity, Equity, & Inclusion Committee will highlight the importance of organizational equity. Focus will include understanding implicit bias and addressing cultural insensitivity, disability stereotypes, and LGBTQ+ issues as well as developing a DEI toolbox that can be used in both your personal and professional lives. By applying the equity lens to our own behaviors, thoughts, and practices, we can, in turn, use that information to identify organizational inequalities and ideally have some strategies for allyship or corrective measures.

123 Poster Presentations (1.0 CH)

Poster presenters will give an overview of their material and answer questions from attendees.

3:00 pm – 3:30 pm

Meditation/Yoga

3:30 pm – 4:30 pm

Concurrent Sessions

131 Cannabidiol and Epilepsy: Exploring the Non-CB Receptor Mechanisms of Action (1.0 CH)

Codi Vincent Peterson, PharmD, MS

It is now officially established that CBD has antiepileptic effects, as shown in numerous studies and an FDA approval. But CBD's exact mechanism of action is unknown. Understanding this mechanism could have significant implications in the management of chronic and debilitating seizure disorders. Leveraging modern definitions, advancing analytical techniques, and emerging research, this talk aims to introduce the previously underappreciated pharmacologic mechanism of cannabidiol and their therapeutic implications.

132 Poster Presentations (1.0 CH)

Poster presenters will give an overview of their material and answer questions from attendees.

133 Networking Session (No CH awarded)

This session will allow for discussion and networking on a specific focus area relevant to cannabis nursing.

4:30 pm – 5:30 pm

140 Awards Ceremony

5:30 pm – 7:00 pm

150 Grand Opening/Reception in Exhibit Hall

Network with colleagues, make new friends, and enjoy delicious hors d'oeuvres during the Opening Reception in the Exhibit Hall. All attendees are encouraged to wear gold in support of the "Gold Party" theme.

Sunday, May 21, 2023

All times listed are Mountain Time (MT).

7:00 am – 5:00 pm

Registration Open

7:15 am – 8:30 am

Breakfast with Exhibitors/Exhibit Hall Open



8:45 am – 9:00 am

Welcome/Centering Meditation

9:00 am – 10:00 am

**Opening General Keynote Session (1.0 CH)
201 Pot Power and Politics**

Wanda James

For Wanda James, co-founding a cannabis dispensary was about much more than starting a business. It was about social justice and how people of color are sent to prison at alarmingly high rates for simple possession, while their White counterparts are allowed to go free. Her journey into the business of weed began after learning that her brother had been incarcerated for 10 years at just 17 for buying less than five ounces of marijuana. He spent nearly five of those years picking cotton for free. In this keynote, Ms. James shares why so many Black and Brown people are still getting arrested and sent to prison for simple possession and how getting politically involved and fighting for the decriminalization of cannabis might be the solution for solving this injustice. She'll also untangle the politics of pot and why so many Black people are getting boxed out of the business and offers solutions on how African Americans can work together to break this logjam.

10:00 am – 11:00 am

Exhibits Open/Coffee Break

11:00 am – 12:00 pm

Concurrent Sessions

211 Acidic Cannabinoids: The Next Frontier (1.0 CH)

Nicole Foss, MSN, MBA, RN

This session will discuss the unique researched and anecdotal value of acidic cannabinoids and the role they play in cannabis care.

212 An Update on Recent Cannabis-Related Litigation (1.0 CH)

Aleah Schutze, JD, MPH; Andrew Smith, JD

What's new in cannabis laws? This session will provide a brief update on federal and state cannabis laws, including recent lawsuits and other legal challenges impacting the cannabis industry and significant employment cases and cases that impact health care providers and organizations.

213 Poster Presentations (1.0 CH)

Poster presenters will give an overview of their material and answer questions from attendees.

12:00 pm – 1:00 pm

220 Boxed Lunch in Exhibit Hall/Exhibits Open

1:00 pm – 2:00 pm

Concurrent Sessions

231 Key Cannabis Concepts in Anesthesiology (1.0 CH)

Daniel D. King, DNP, CRNA, APRN, CPPS

Anesthesia providers encounter increasing numbers of patients with recent cannabis use but lack clinical practice guidelines. This presentation will cover preoperative disclosure, assessment of behaviors, informed consent, and perioperative abstinence. Anesthetic risk stratification and specific anesthetic considerations for pharmacokinetics and pharmacodynamics of the endocannabinoid system will be reviewed in detail.

232 A Terp Talk: The Basics (1.0 CH)

Mo Smyth, BSN, RN

This session will provide a basic overview and science behind terpenes to give insight into their medicinal value.

233 Poster Presentations (1.0 CH)

Poster presenters will give an overview of their material and answer questions from attendees.

2:00 pm – 2:30 pm

Meditation/Yoga

2:30 pm – 4:00 pm

240 General Session (1.5 CH)

Scope and Standards of Cannabis Nursing Practice

Deanna Sommers, PhD, MSN, RN, PNP-PC; Llewellyn Dawn Smith, MSN, RN-BC; Holly Watson-Evans, MS, APRN, FNP-BC, PMHNP-BC; Connie Pascal, PhD-LIS, MCIS; Graciela Hammel, BSN, RN; Sherry Kay Schreiner-Beckwith, MSN, RN, MS MCST

As cannabis nursing becomes a nationally recognized specialty the American Cannabis Nurses Association (ACNA) Credentialing Committee prepared the Scope and Standards of Cannabis Nursing Practice (2022), which provides guidance through standards and competences for which cannabis nurses within their individual scope of practice. This session will describe the process and recognition of cannabis nursing specialty through the scope of cannabis nursing practice by American Nurses Association (ANA).

4:30 pm – 6:30 pm

Off Site Event

Monday, May 22, 2023

All times listed are Mountain Time (MT).

7:30 am – 5:00 pm

Registration Open

7:30 am – 8:30 am

Continental Breakfast/Coffee

8:30 am – 9:00 am

Sharing the Future of ACNA: The Strategic Plan

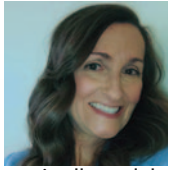
9:00 am – 10:00 am

302 General Keynote Session (1.0 CH)

Answering the Call of the Sacred Green Mother: Spirituality, Philosophy, and Cannabis Care

Carey Clark, PhD, RN, AHN-BC, RYT, FAAN

How can we stay true to our cannabis care calling? What drew you to work with cannabis care patients? How do we create sustainable caring-healing spaces with patients and colleagues, and continue to act as committed cannabis advocates? How can we stay true to our cannabis care calling? This session will explore the convergence of the cannabis plant as an entheogenic ally and the philosophical roots of what it means to be a cannabis care nurse. We will also explicate the spiritual nature of our work, and ways to strengthen and renew our practices both individually and as a powerful community of cannabis care nurses. In honor of the sacred nature of our work, participants are encouraged to wear something green to this session!



10:15 am – 11:45 am

303 General Session (1.5 CH)

Endocannabinoid System Activation: The Art

Sherri Tutkus, BSN, RN; Denise Costello, MS, RN; Cathleen Graham, RN, CHPN; Elisabeth Mack, MBA, BSN, BA, RN

The endocannabinoid system (ECS) is a complex messenger signaling system in the body, regulating all 11 organ systems, the immune system, and all of the neurotransmitter signaling systems. The ECS is affected by all daily activities including things that we do or not do in our lives, including all lifestyle activities. This interactive session and panel will address how to activate the ECS using energized living lifestyle tools to support the clinicians' health as well as those patients they care for, leading by example.

11:45 am – 1:00 pm

Lunch on Your Own

1:00 pm – 2:00 pm

Concurrent Sessions

311 Overcoming Barriers to Cannabis Practice Using Implementation Science and Change Management Theories (1.0 CH)

Alexandria Hill, MSN, GERO NPD RN-BC, RAC-CT, QCP, CMDP

Integrating cannabis nursing into healthcare requires interdependence and collective, coordinated behavior change. This session will address how implementation science and change management theories can be used to foster organizational change and engage stakeholders in cannabis care.

312 Medicine-Making Workshop (1.0 CH)

Heather Shelton, BSN, RN

This session will demonstrate how to create products with the dry cannabis flower and create products with it. Discussion will include tinctures, oil infusions, topical products, and making full extract cannabis oil (FECO).

**313 Networking Discussion (No CH awarded)
From Healer to Dealer**

Dru Ledbetter, BSN, RN

This networking session will feature Dru Ledbetter sharing her experience as a celebrated nurse manager, use of cannabis to heal and address mental health concerns, status as the first immigrant minority woman to own a cultivation facility in the state of Massachusetts, journey from "healer to dealer," and some of the challenges along the way.

2:15 pm – 3:15 pm

Concurrent Sessions

321 Educational Opportunities in Cannabis Medicine (1.0 CH)

Frederick Slezak, MD, MBA, FACS, FACRS, FACC

Cannabis science and medicine is a rapidly growing field especially since the discovery of the endocannabinoid system in 1992. Multiple opportunities exist for education from self-directed studies to academic degrees. This presentation will provide an overview of options available to both medical and non-medical individuals who wish to broaden their knowledge of this important medicine.

322 The Building Blocks for a CBD & Cannabis Nursing Clinic (1.0 CH)

Elisabeth Mack, MBA, BSN, BA, RN

This session will describe the components of care elements and external relationships needed to build a nurse-run clinic focused on healing the endocannabinoid system with scientifically formulated cannabis preparations. Discussion focus will include the types of assistance patients need to enhance interest and adoption in cannabis therapeutics; the nurse role in promoting safe use, adoption, improved holistic outcomes, and long-term retention of cannabinoid products; and the core components of a CBD clinic model to deliver efficient and effective care for patients to have alternatives to conventional care.

323 Networking Discussion (No CH awarded)

This session will allow for discussion and networking on a specific focus area relevant to cannabis nursing.

3:30 pm – 4:00 pm **Closing Remarks**

Rachel Parmelee, MSN, RN, CNE, AHN-BC, ACNA President

4:00 pm

Adjourn



Deals and Discounts

Early Bird Discount: Register by April 20, 2023, and save \$100 on the regular conference registration fee. Mailed forms must be postmarked by April 20, 2023.

ACNA Member Discount: ACNA members save \$100 on their conference registration fees. To be eligible for the member rate, you must be an ACNA member through May 31, 2023. If your membership expires prior to May 31, 2023, you may renew your ACNA membership to qualify for the member rate and then register for the conference. Use the registration form at the end of this brochure to renew your membership and register for the conference at the same time.

Not a Member? Join and Get the Reduced Rate!

Join ACNA and get the discounted conference registration rate, plus gain all the benefits of ACNA membership. Join our welcoming community and you will benefit from

- Discounts on educational programs
- Free webinars
- Member forum in development
- Private mentoring is available through our educational program offerings

Visit <https://www.cannabisnurses.org/joinacna> to join ACNA or renew your membership. You can also use the registration form at the end of this brochure to renew your membership and submit your conference registration payment at the same time. Mail or fax completed registration form with your \$130 membership dues to ACNA.

General Information

Hotel Information

The Westin Denver Downtown
1672 Lawrence Street,
Denver, CO, 80202

Check-in: 4:00 pm Mountain Time

Check-out: 11:00 am Mountain Time

The Westin Denver Downtown has been designated as the official hotel for the 2023 Cannabis Care Convention. A block of rooms has been secured at the special rate of **\$199 single/double** (subject to applicable state and local taxes, currently 15.75%.) The conference rate is available through **April 20, 2023**, or until the room block is full. Reservations received after this date will be accepted on a space and rate available basis.

Reservations

Online: www.cannabisnurses.org

By phone: 303-572-9100 (select option 1 and refer to the American Cannabis Nurses Association)

Special Note: All reservations must be made through ACNA's reservation link or directly with the hotel. No one will contact you to make a reservation.

Hotel Parking

Parking (Daily Rate)

Onsite: \$35 USD | Valet: \$46 USD

Airport/Transportation Information

Denver International Airport (DEN) is 27.2 miles from the hotel.

Taxi: approximately \$45-\$47 USD (one way)

Uber: approximately \$37-\$45 USD (one way)

Lyft: approximately \$32 - \$36 USD (one way)

Weather

A typical day in Denver, CO, during May has daytime highs in the low to mid 70s. Lows are in the mid to upper 40s at night. Temperatures in conference session rooms may vary, so please remember to pack a sweater. We suggest you bring comfortable walking shoes for your conference activities.

Photo Release

ACNA occasionally uses photographs of conference participants in promotional materials (digital and print). By virtue of your attendance, you agree to usage of your image in such media. Additionally, any photos made public and shared through the official ACNA Annual Conference are the property of ACNA and may be used in promotional materials.

Payment Policy, Fees, and Confirmation Notice

All fees are in U.S. dollars. Registrations will be processed only when accompanied with full payment. If a check is returned by the bank for insufficient funds, full payment must include an additional \$30 for bank processing charges and must be paid with a cashier's check, money order, or credit card. If payment is not received by ACNA prior to the meeting, you must pay the full amount onsite. If you do not receive registration confirmation one week prior to the meeting, contact us at info@cannabisnurses.org. Purchase orders are not accepted as payment.

Cancellations and Substitutions

Cancellations and substitutions must be requested in writing. We will be happy to refund your registration fee less a \$75 administration fee, if received prior to **April 20, 2023**. No refunds will be made thereafter. Membership dues are nonrefundable. All other monies will be returned to the party who originally issued payment. If you are unable to attend, a substitution may be made. If the substitute is not an ACNA member, additional fees may apply.

In the event ACNA should find it necessary to cancel or postpone this conference for any reason including, but not limited to, registration responses, strikes, or acts of God, ACNA will not be liable for registrants' expenses. In whatever manner the cancellation/postponement is ultimately resolved, ACNA will act responsibly to protect members' and registrants' investment in the conference and association.

2023 ACNA Conference Committee

Caitlin Bernhard, MSN, FNP, Co-Chair,
Conference Committee

Heather Shelton, BSN, RN, Co-Chair, Conference Committee

Julie Battel, MPH, CNM

Nicole Foss, MSN, MBA, RN

Michael Harvey, BSN, RN

MaryLynn Mathre, MSN, RN, CARN

Rachel Parmelee, MSN, RN, CNE, AHN-BC

Llewellyn Dawn Smith, MSN, RN-BC

Michele Boyd, MSN, RN, NPD-BC, Education Director

2023 ACNA Education Committee

Nicole Foss, MSN, MBA, RN, Education Committee Co-Chair

Dominique Fontaine, BSN, RN, HNB-BC, HWNC-BC, Education Committee Co-Chair

Alexandra Buck, BSN, RN

Wendy Gibson-Viviani, BSN, RN, PTA

Maxine Jeffers, JD, MSN

Deborah Mathias, DNP, RN, CNE

Ellen Kamhi, PhD, RN, AHG, AHN-BC

Monica Nathan, MEd, BSN, RN, CNOR[E] CERT-T

Rachel Parmelee, MSN, RN, CNE, AHN-BC

Llewellyn Dawn Smith, MSN, RN-BC

Regina Wright, MSN, RN, CEN, CNE, CPEN

Michele Boyd, MSN, RN, NPD-BC, Education Director





ACNA 2023 Cannabis Care Conference Registration Form

The Westin Denver Downtown, Denver, CO • May 20-22, 2023

Email: info@cannabismnurses.org | Mail: ACNA Registration, Box 56, Pitman, NJ 0807-0056 | Fax: 856-218-0557

Name: _____

Credentials: _____

Employer: _____

Job Title: _____

Mailing Address: ☐ Home ☐ Work

City/State/Zip: _____

Email: ☐ Business ☐ Personal

(Needed to receive your receipt/confirmation)

Daytime Phone: ☐ Business ☐ Personal

Disability or dietary need? Please state: _____

Membership must be valid through **May 31, 2023**, to qualify for member rates. Current members may renew their ACNA membership with their conference registration. Membership will commence upon current expiration.

Will you be staying at the Westin Denver Downtown? ☐ Yes ☐ No

Share a Room: ☐ Yes, I am interested in sharing a room with another conference attendee.

Share Ground Transportation: ☐ Yes, I am interested in sharing ground transportation to/from the airport.

ACNA Clothing: ☐ Yes, I am interested in pre-ordering ACNA clothing.

| Registration Fees (Full payment must accompany registration.) | | | | |
|--|--------|----------------------|---------|--------------|
| Full Main Conference (8:00am on 5/20 thru 4:00pm on 5/21) | Member | Nonmember | Student | Amt Enclosed |
| Early (postmarked on or before 4/20) | \$400 | \$530 | \$275 | |
| Regular (postmarked after 4/20) | \$500 | \$630 | \$325 | |
| I want to: Join/Renew <input type="checkbox"/> \$130 ACNA and register at the member rate. | | | | |
| Guest badge ____ # persons @ \$75 each _____ | | | | |
| Total Amount Enclosed | | | | |
| Payment: <input type="checkbox"/> Check enclosed (payable in U.S. funds to ACNA 2023 Conference) | | | | |
| Payment: <input type="checkbox"/> Credit Card: <input type="checkbox"/> MC <input type="checkbox"/> VISA <input type="checkbox"/> AmEx Card # _____ | | | | |
| Expiration Date: _____ | | Security Code: _____ | | |
| Signature: _____ | | | | |
| Name of Card Holder (please print): _____ | | | | |
| Billing Address (if different than above): _____ _____ _____ | | | | |

| Please indicate your 1 st and 2 nd choices for each set of Concurrent Sessions | | |
|--|-------------------------------------|------------------------------------|
| NOTE: General sessions are attended by all registered attendees and not listed for selection. | | |
| Saturday, May 20, 2023 | Sunday, May 21, 2023 | Monday, May 22, 2023 |
| 10:00 am ____ 111 ____ 112 ____ 113 | 11:00 am ____ 211 ____ 212 ____ 213 | 1:00 pm ____ 311 ____ 312 ____ 313 |
| 2:00 pm ____ 121 ____ 122 ____ 123 | 12:00 pm ____ 220 Boxed Lunch | 2:15 pm ____ 321 ____ 322 ____ 323 |
| 3:00 pm ____ 131 ____ 132 ____ 133 | 1:00 pm ____ 231 ____ 232 ____ 233 | |

Cancellations and substitutions must be received in writing. For cancellations received by April 20, 2023, a \$75 administrative fee will be assessed, and the balance will be remitted to the original form of payment. No refunds will be made thereafter. Membership fee is nonrefundable/non-transferable. If substitute is not an ACNA member, additional fees may apply. ACNA reserves the right to cancel programs because of emergencies, labor strikes, pandemics, acts of God, and insufficient registration or sponsorship.

For registration questions: info@cannabismnurses.org